

Be Wellness Wise - Immunize!

Are your child's immunizations up to date?

According to a recent survey by the Centers for Disease Control, less than 75 percent of two-year-olds in the United States have received their full series of recommended shots. In some areas, the rate is much lower, often due to a lack of understanding.

Our recent employee survey results told us that you would like more information on the wellness medical benefits provided by the State of Idaho, especially coverage of child immunizations.

- Under Blue Shield Modules 1 and 2, immunizations are covered at 100% only for children age six and younger.
- Under the HealthSense and HMOBlue Point of Service (POS) plans, your \$10 copayment will cover well-child care. Immunizations provided by the primary care physician staff are payable at 100% with no copayment. If it is necessary to see the primary care physician during the visit, the \$10 office call copayment will apply.

Check your benefit book for more details, and make sure your visit is billed as a "Wellness Service" to get the maximum allowable benefit.

Don't delay - bring your child's immunizations up to date today. The following chart provides you with an easy-to-follow schedule of recommended immunizations:



| Age | Birth | 1 Month | 2 Months | 4 Months | 6 Months | 12 Months | 15 Months | 18 Months | 4-6 Years | 11-12 Years |
|--------------------------------|---------|---------|-------------|-------------|-------------|-----------|-------------|-----------|-------------|-------------|
| Vaccine | | | | | | | | | | |
| Hepatitis B | Hep B-1 | | Hep B-2 | | | Hep B-3 | | | | |
| Diphtheria, Tetanus, Pertussis | | | DTaP or DTP | DTaP or DTP | DTaP or DTP | | DTaP or DTP | | DTaP or DTP | |
| H. Influenzae type b | | | Hib | Hib | Hib | Hib | | | | |
| Polio | | | IPV | IPV | | OPV | | | OPV | |
| Measels, Mumps, Rubella | | | | | | MMR | | | MMR | |
| Varicella (Chickenpox) | | | | | | Var | | | | |
| Tetanus | | | | | | | | | | Td |

Source: Advisory Committee on Immunization Practices, the American Academy of Pediatrics and the American Academy of Family Physicians.

Questions ?

Email the State's Department of Administration, Office of Insurance Management at ogi@adm.state.id.us or call (208) 332-1860 or 1-800-531-0597. For additional information about your benefits, check out our website at <http://www2.state.id.us/adm/>